



TEMPORARY BRIDGE OR CROWN

Chewing and eating

If we used anesthetic during the procedure, avoid chewing until the numbness has completely worn off.

Avoid chewing for at least one half-hour to allow the temporary cement to set. To keep your temporary in place, avoid eating hard or sticky foods, especially chewing gum. If possible, chew only on the opposite side of your mouth.

Brushing and flossing

Brush normally, but floss very carefully. We may recommend special floss, brushes, or other cleaning aids to keep the area free of bacteria. If your teeth are sensitive to hot cold, or pressure, use desensitizing toothpaste. If sensitivity increases or persists beyond a few days, please call us.

Medication and discomfort

*Take antibiotics or other medications only as directed. To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.**

When to call us

Please call us if your temporary bridge or crown comes off, save the temporary so we can recement it. It's very important for the proper fit of your final bridge or crown that your temporary stays in place.

Please call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.

** If you suffer of High Blood Pressure, please consult with your physician before use warm salt water.*